



**MCSD Budget-LCAP
Advisory Committee**

Committee Resource: COUNSELING & WELLNESS SERVICES REPORT

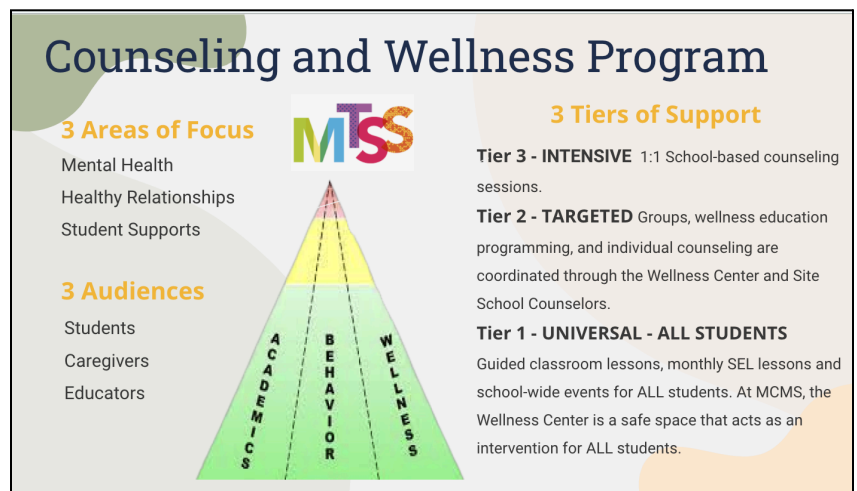
The MCSD Budget-LCAP Advisory Committee’s purpose is to make recommendations to the board that works to align program priorities and spending by understanding the board’s goals and the programs and services in place that support the goals, understanding the District’s budget and expectations for solvency and to discuss, deliberate, and use consensus protocols to make recommendations.

COUNSELING & WELLNESS SERVICES

LCAP Goal #3: Increase connectedness for students through social emotional learning, campus inclusion, and wellness (Board Goal 4)

Miller Creek School District has a Multi-Tiered System of Supports (MTSS) which uses data to integrate the academic, social-emotional, and behavioral instruction and intervention at tiered intensities to improve the learning and social/emotional functioning of all students.

Within the MTSS framework, the Miller Creek school counseling program works to meet the needs of all students and to identify students who are at risk. School counselors collaborate with teachers, administrators, and families to design and implement plans to address student needs. Tier 1 school counseling interventions include classroom instruction and visitation and schoolwide programming and initiatives. Tier 2 interventions include small-group and individual counseling. Tier 3 interventions involve consultations, collaboration and facilitation of referrals.



Each elementary school has one school counselor as well as Tier 3 services provided by Bay Area Community Resources (BACR). Miller Creek Middle School has two counselors, a Wellness Outreach Specialist, and works with community partners such as the SPAHR center and the Community Institute for Psychotherapy (CIP) to match trainees with Tier 3 student support.

STUDENT DATA

2023 Middle School Wellness Survey	2023 Youth Truth Survey	2023 Elementary Staff Needs Assessment
-18% reported feeling sad or lonely -35% reported they “worry a lot” -28% reported that they wanted support in making new friends	- 46% of middle school students reported that they didn’t feel a sense of belonging towards school -50% of 3rd-5th graders reported that when they feel upset there is an adult from school that they can talk to (increased from 42% in 2022)	Majority of staff sees need for further student conflict resolution work, along with kindness, empathy and positive communication skills

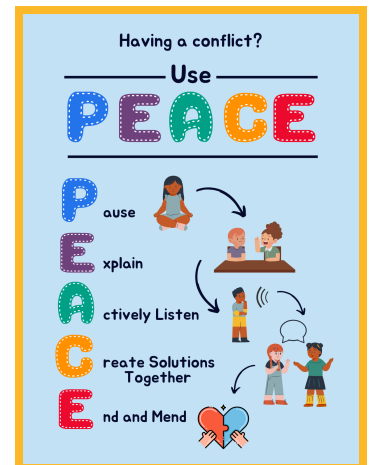
HIGHLIGHTS OF TIERED SERVICES

	Tier 1	Tier 2	Tier 3
Elementary School	-Classroom Visits (Circles) -SEL Campaigns - Targeted Lessons (PEACE/PEN) -Family/Caregiver Education	-Small Groups -Restorative Circles - Lunchtime Clubs	-1:1 School Based Therapy - Referrals to community based organizations
Middle School	-Wellness Center Brain Breaks -Lunchtime Wellness Programming -Lunchtime Clubs -Therapy Dogs -Classroom SEL lessons -Family/Caregiver Education	-Supporting PBIS with restorative practices -Small Group Counseling -Inclusion Clubs (SLAM, QSA)	-1:1 School Based Therapy - Referrals to community based organizations

STUDENT ENGAGEMENT IN WELLNESS & COUNSELING*

	Tier 1	Tier 2	Tier 3
Elementary School	122 class lessons taught	TBD	TBD
Middle School	4,480- lunch activities, presentations, programs, & outreach events	276 Brain Breaks 424 1:1 Counseling check ins 340 participants in events/groups	55 students: 1:1 School Based Therapy

*From August to December 2023



EXPENDITURE SUMMARY (District Personnel & Bay Area Community Resources)

	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
Total	\$385,000	\$374,000	0	\$547,000	\$743,000	\$773,000
Paid With Ongoing Resources	\$150,000	\$111,000		\$147,000	\$91,000	\$83,000
Paid With One Time Resources	0	0		\$56,000	\$231,000	\$191,000
Parcel Tax	\$184,000	\$200,000		\$187,000	\$206,000	\$217,000
Can Do!	\$51,000	\$63,000		\$157,000	\$215,000	\$282,000